## Adventure Group – risk assessment for externally provided activities

Use this risk assessment before leading an activity to help understand the risks and any steps needed to be taken to stay safe. Complete a copy for every activity and keep this for 1 year after the date of the activity.



Activity	Line Dancing	Date of activity	14/12/22
Adventure Leader	Miggie Pickton	Date of risk assessment	03/11/22
Activity Provider	Danceworks Devon	Date of research or recce	03/11/22

Possible hazards	Who might be harmed and how?	Ways to control the risk	Activity specific notes	Action taken? (click on the box to tick)
(including extreme	Participants – risk of illness and injury	Check the weather forecast and postpone/cancel if necessary.	Activity is indoors. Forecast will be checked and if travel is likely to be hazardous we will postpone or cancel.	
		Advise participants to bring suitable clothing and items for the conditions.	Not applicable for indoor activity.	
Slips, trips and falls	Participants	Make participants aware of potential hazards; advise on suitable footwear	Flat soled shoes are recommended to achieve the amount of 'slide' required by line dancing. Trainers should not be worn.	
Hazards due to specific nature of activity	Participants - risk of e.g. injury, drowning, vertigo	Notify participants of any likely physical risks so they may make an informed decision re their personal fitness for the activity.	There are four steps leading down to the studio floor, otherwise the space is on one level. Line dancing involves a degree of exertion. Ensure participants are aware of this and can make own assessment of their suitability to take part.	
		Ensure participants declare any relevant medical conditions to the provider.	Remind participants on the day	
		Employ experts to instruct and supervise the activity with safety as a priority.	The instructor will monitor the group and arrange breaks as necessary. Participants will be advised to take drinking water.	

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		Ensure they include appropriate instruction to mitigate known physical risks (e.g. use of buoyancy aids; procedure for lifting safely; capsize procedure; what to do in emergency)		
		Ensure experts are appropriately qualified to teach and supervise the activity.	Owner and staff have extensive experience and qualifications to teach dance. For full details see <a href="here">here</a> .	
		Ensure provider has first aid certification and first aid kit is available.	Yes and Yes	
		Ensure provider supplies appropriate safety equipment e.g. buoyancy aids; harness etc	Not relevant	
		Ensure provider holds public liability insurance.	Yes (£2 million).	
Environmental risks	Participants	Ensure participants are aware of environmental hazards (e.g. pollution; poor water quality; uneven and slippery surfaces; overhanging trees; road traffic) and the actions needed to mitigate these.	Not relevant for indoor activity	
Loss of money	Participants – due to cancellation by either party	Establish provider's policy for cancellation due to weather, illness or other circumstances.	"All courses are non-refundable. Refunds will only be issued in the unlikely event of cancellation of a class or workshop by Danceworks Devon, and they will not be issued for situations outside of our control." <a href="https://www.danceworksdevon.com/terms-conditions/">https://www.danceworksdevon.com/terms-conditions/</a>	
Loss of personal property	Participants	Establish provision of secure space for storage of personal belongings; advise participants to leave valuables at home	Lockers are not available but bags and coats may be left around the tables that are in clear view of the dance floor.	
Transmission of COVID-19 through close contact / meeting other people	Participants – risk of spreading COVID-19	Plan the activity for a less busy time.	Activity to take place at time offered by Danceworks Devon (midweek, mid afternoon)	
		Avoid activities where physical distancing is not possible.	Physical distancing is not possible for this activity. If this is a concern then members are advised not to participate.	
		The use of a lateral flow test on the morning of the activity is encouraged but not now mandatory.	Included in website briefing.	

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		Give clear information about limiting the group size in line with government guidance.	Group size is no longer limited by government guidance but the studio is limited to 20 dancers.	
		Carry a face covering in case of incidents.	Face masks are optional, in line with government guidance.	
		Ensure you have a record of who attended the activity for contact tracing.	Yes	
Transmission of COVID-19 through touching equipment	Participants, members of the public – risk of spreading COVID-19	Avoid touching each other's equipment, where possible	Groups will be sharing equipment so use of hand sanitiser is recommended.	
		Suggest participants bring hand sanitiser.	Included in website briefing.	
Activity description and details to provide to participants before the start of the activity		<ul> <li>a. Type of activity</li> <li>b. Name of leader and leader's contact details</li> <li>c. Location of activity</li> <li>d. Date and start time</li> <li>e. Duration</li> <li>f. Cost, including deposit required</li> <li>g. Deadline for commitment (including payment of deposit if required)</li> <li>h. Deadline for payment in full</li> <li>i. Cancellation policy</li> <li>j. Procedure for notifying group if provider cancels</li> <li>k. Level of fitness required or any particular skills</li> <li>l. Need to declare relevant medical conditions</li> <li>m. Disclaimer: Please note that whilst the organisers are concerned for everyone's welfare, by taking part in this activity you should recognise that your safety is your own responsibility.</li> <li>n. Appropriate footwear &amp; clothing</li> <li>o. Toilet / refreshment facilities</li> <li>p. What to bring – food / drink / equipment</li> <li>q. Meeting point</li> <li>r. Car parking facilities</li> </ul>	Details are available on the Dawlish & District website: https://u3a.dawlish.info/adventure-group-line-dancing	