



Dawlish and District U3A Newsletter

August Issue 2 2020

Chair's Chatter

Dear fellow members,

It was good to see some of you the other Monday and I hope you will be able to join in tomorrow afternoon on the lawn. It was lovely to hear people re-connecting and also to read of more groups that are re-convening. IT has certainly been a help, with some of our groups presently being zoom based. This includes both our main Committee and our Development groups meetings.

All the above said, the other week I was participating in the Development Group meeting, only to realise that whilst I could see everyone and they could see me and that I could hear everyone, for some reason there was a technical hitch and I could not get to speak but rather had to type in a message each time I wished to raise a point. I can tell you that I was frustrated! It didn't help when at the end of the meeting, one of the members said 'Well that was the best meeting I have been in with Graham as he never said a word'..😞 That's him off my Christmas card list!

Frustrations come to us all. People who were waiting for a hospital appointment before lockdown and are still waiting. Others who have stayed in for hours for a delivery or workmen, only to be rung up to be told 'It won't be today after all'. The frustration of not being able to see family as we would like or go on holiday as anticipated. Then there is always the

frustration of being stuck in traffic. You could add your own frustrations...

With the present pandemic there has been so much frustration and I read a phrase which was helpful. It stated 'Always remember that your present situation and frustration are not your final destination. The best is yet to come.' Barak Obama said 'we are going to break through the fear and the frustration people are feeling. Our job is to make sure that we are giving people a sense of hope and vision for the future'.

These two sayings ring true for us as a U3A. We are moving forward with a sense of hope and vision.

Thanks for all you do for our U3A and let's leave the final words to Mr Shakespeare ' We know what we are but know not what we may be'.

Graham

Open Meeting on the Lawn

Tomorrow Monday 17th August at 2.00 - 3.30pm on the lawn by the Bandstand. Please bring your own chair and drink if you don't wish to purchase one from a cafe. We will sit in groups of six, socially distanced and catch up on all the news and views.

Of course this will only take place if the weather allows.

Lockdown Bullseye

Diane and I have got so fed up with this lockdown and social isolation I put a large world map on the adjoining fence and whichever country she hit with a dart, I promised we would visit. Unfortunately, it now seems that two weeks camping on the neighbours lawn is probable.

Mike

Swimming

Swimming will begin again at 2-30 Tuesday 8th September at Ashburn Springs Gym and Pool, Cofton Holiday Park.

Numbers are limited and swimming sessions are strictly timed, so it is essential that each individual makes a booking via the Cofton Website or telephone - 01626 890111. The cost of a concession swim is £3.50. No need to mention the U3A when booking, you will be an individual.

Risk Assessment formalities will be completed before the first session.

Barbara Warburton

What Did You Do In Lock-Down?

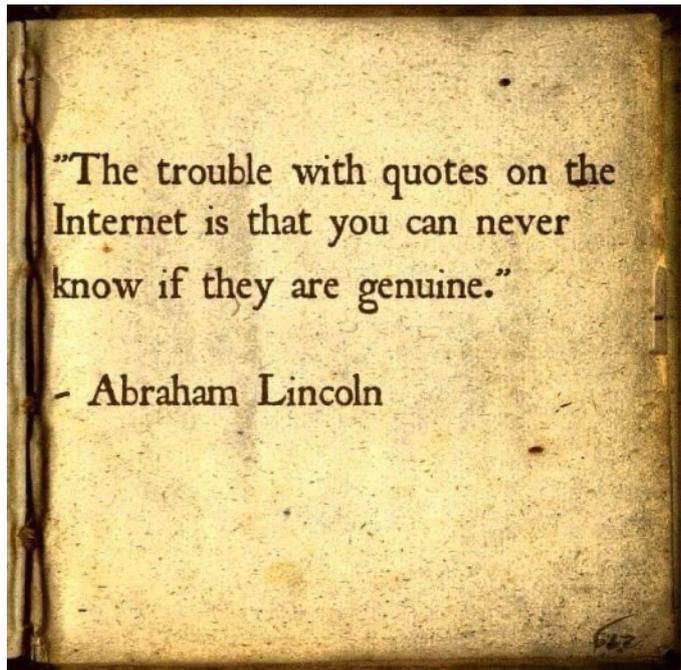
All organisations have an archive. Dawlish & District U3A have one that at present consists of minutes of meetings, accounts and information of groups. We have a unique opportunity to add to that archive. We have all found different ways of getting through the past few months - painting, gardening, writing, sewing, studying, the list is endless, and it will be a pity if all our achievements go unrecorded. We have a team ready to put together your contributions. Not necessarily lengthy written accounts and certainly not precious objects, but accounts that include photographs of gardens, craft

work, sewing projects, short stories, accounts of pod-casts followed, culinary achievements, paintings, new wines discovered, new walks discovered, there is no limit to the human imagination. Please send your contributions to: 87warburton@gmail.com



The COVID19 situation has been especially stressful for the Flat Earth Society.

They fear that the social distancing measures could push people over the edge.



Answers to Last Week's two part quiz on Words

Part 1 - Four Letter Words with Three Being Vowels

1. A currency **EURO**
2. A genus containing over 500 species of flowering succulent plants, some used in skin care products **ALOE**
3. A US state **OHIO**
4. Instead **LIEU**
5. Goodbye **CAIO**
6. The chief component of urine **UREA**
7. A larval form of crabs and certain other crustaceans **ZOEA**
8. A man who is the lover of a girl **BEAU**
9. Another US state **IOWA**
10. 9th letter of the Greek alphabet **IOTA**

Part 2 - Using the 8 Letters SCRABBLE

1. A freshwater fish **BARBEL**
2. Part of a circle **ARC**
3. A sword **SABRE**
4. Soured milk, which thickens or curdles into a yogurt-like substance with a strong, sour flavour **CLABBER**
5. A unit of area **ACRE**
6. A member of the peerage **EARL**
7. An appliance that corrects dental irregularities **BRACE**
8. A disorderly crowd **RABBLE**
9. Scots word for the slope or brow of a hill **BRAE**
10. Bitter or sour **ACERB**

This Week's Quiz

- FIRST PART - COMMON THREE WORD PHRASES** - Each answer is a common 3 word phrase, and the 2nd word is always "and". ie : **Soft substance consisting of muscle, and type O. A: Flesh and blood**
1. Six balls and unconscious

2. An examination of evidence by a judge and mistake
3. Complain and eat
4. Evil character created by Robert Louis Stevenson and religion of the Indian subcontinent
5. Completed and did housework
6. Peter Bonetti or Phil Tufnell and a term used in boxing for a swollen bruise caused by a blow to the eye
7. To carry something with you and an extra run scored in cricket when the ball has not been hit by the batsman
8. Reared an animal and edible fatty substance
9. Zeros and crucifixes
10. Give financial or moral support to and didn't win an Olympic medal

SECOND PART – Each answer contains 7, 8, 9 or 10 letters. The following answers are made from the same letters, but by adding or subtracting one letter. We'll let you have the answer to number 1!

1. (10 letters) An area of tall, densely growing, broad-leaved evergreen trees in an area of high precipitation **RAINFOREST**
2. (-1) One of a row of sharp tooth-like projections found on a saw edge
3. (-1) People authorised to perform acts in legal affairs, in particular witnessing signatures on documents
4. (+1) Male singers
5. (-1) A form of address used in Spanish speaking countries
6. (-1) A crime once punishable by death
7. (+1) An ancient relative
8. (+1) A prostitute or concubine with a wealthy, or upper-class clientele
9. (+1) People who are skilled in relating amusing or witty stories and anecdotes
10. (-1) 16th century court dances, consisting of short advances and retreats

Answers next week

Some Funnies

Most people are shocked when they find out how bad I am as an electrician.

A termite walks into the bar and asks, 'Is the bar tender here?'

Always borrow money from a pessimist. They'll never expect it back.

Just burned 2,000 calories. That's the last time I leave brownies in the oven while I nap.

The problem isn't that obesity runs in your family. It's that no one runs in your family.

I'm reading a book about anti-gravity. It's impossible to put down.

'Doctor, there's a patient on line one that says he's invisible.' 'Well, tell him I can't see him right now.'

The future, the present, and the past walk into a bar. Things got a little tense.



TWELVE COMMANDMENTS FOR SENIORS

1 - Talk to yourself. There are times you need expert advice.

2 - "In Style" are the clothes that still fit.

3 - You don't need anger management. You need people to stop making you mad.

4 - Your people skills are just fine. It's your tolerance for some people that needs work.

5 - The biggest lie you tell yourself is "I don't need to write that down. I'll remember it"

6 - "On time" is when you get there.

7 - Even duct tape can't fix stupid - but it sure does muffle the sound.

8 - It would be wonderful if we could put ourselves in the dryer for ten minutes, then come out wrinkle-free and three sizes smaller?

9 - Lately, You've noticed people your age are so much older than you.

10 - Growing old should have taken longer.

11 - Ageing has slowed you down, but it hasn't shut you up.

12 - You still haven't learned to act your age, and hope you never will.

PLUS ONE

"One for the road" means going to the bathroom before you leave the house.

Editor's Note:

Please send in contributions for inclusion in our weekly newsletter. Little bits of news, advice, jokes, cartoons, report backs of your experience of your group. This is a newsletter for members of D & D U3A by the members of D & D U3A.

Thank you.